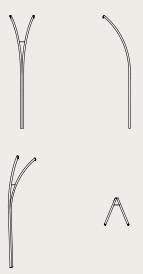
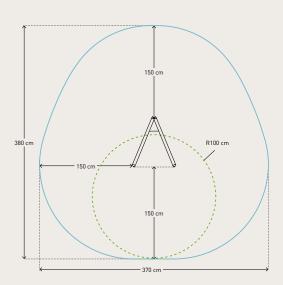
## Technical data Product no.: no-030 SPIRER TRX - LONG



Dimension in cm: Material: Corrosion class: Surface treatment: L78 x W71 x H230 cm Steel and TRX rope C4 Rust-protected and powder-coated Area of movement: Training space: Free height of fall: Fall protection required: According to:

Lawn as minimum EN 16630:2015





## Please note:

As a general rule, the green lines ——— are not allowed to overlap each other. However the blue lines ——— can overlap both the blue and the green lines, BUT there cannot be any solid or hard objects inside the blue circle. (Trees, stones, other fitness equipment, etc.)

## **EXERCISES / STRETCH OUT**



