## Technical data

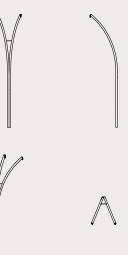
Product no.: no-029 SPIRER TRX - SHORT

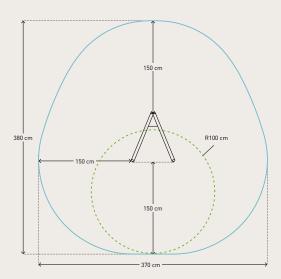


Dimension in cm: Material: Corrosion class: Surface treatment: L78 x W71 x H230 cm Steel and TRX rope C4 Rust-protected and powder-coated Area of movement: Training space: Free height of fall: Fall protection required: According to:

30 cm Lawn as minimum EN 16630:2015

NOORD





## Please note:

As a general rule, the green lines — — — are not allowed to overlap each other. However the blue lines \_\_\_\_\_ can overlap both the blue and the green lines, BUT there cannot be any solid or hard objects inside the blue circle. (Trees, stones, other fitness equipment, etc.)

## **EXERCISES / STRETCH OUT**

