



## Technical data

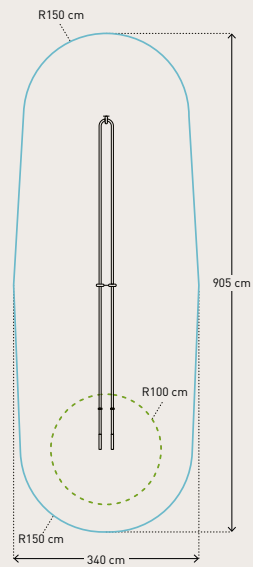
Product no.: no-026

# SPIRER BATTLE ROPE - SHORT





**Dimension in cm:** L605 x W36 x H150 cm  
**Material:** Steel and battle rope  
**Corrosion class:** C4  
**Surface treatment:** Rust-protected and powder-coated

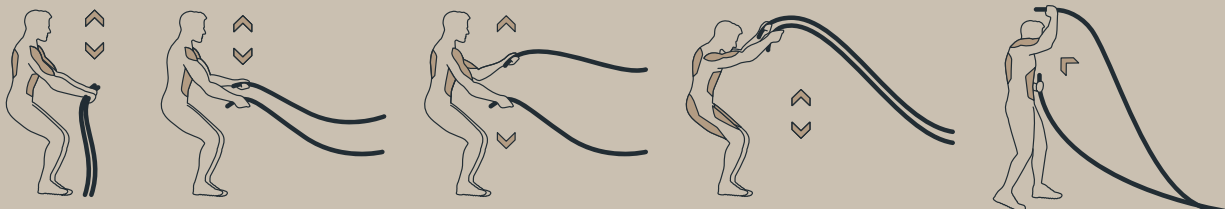
**Area of movement:**   
**Training space:**   
**Free height of fall:** -  
**Fall protection required:** None  
**According to:** EN 16630:2015



### Please note:

As a general rule, the green lines  are not allowed to overlap each other. However the blue lines  can overlap both the blue and the green lines, BUT there cannot be any solid or hard objects inside the blue circle. (Trees, stones, other fitness equipment, etc.)

## EXERCISES / STRETCH OUT



**NOORD**